

# Kites Therapy Tasmania are offering a two-week physiotherapy holiday program in July

**Dates: 10th – 20th July 2023, two classes per week**

**We are offering beginner and advanced classes for children between 7 and 16 years.**

## Beginner Classes

Anyone can join!!! Designed for children who need supervision.

**Monday and Thursday**  
**2:30pm – 3:30pm**

## Advanced Classes

Suitable for children with the ability to walk and run independently and hop or jump. Basic ball skills are also required.

**Monday and Thursday**  
**11:30am – 12:30pm**

**Sessions will run for 45 minutes, and work on developing**

Core Strength

Gross motor skills

Balance

Strength and endurance

**They will also include**

Fit / Peanut ball exercises

Stretching

Fun Activities

Play Games

## Where

3/31 Cambridge Road, Bellerive 7018

**Get in touch to find out more**

(03) 6245 9232

[hello@kitestherapytas.org.au](mailto:hello@kitestherapytas.org.au)

NDIS funding accepted.



**kites**   
**Every child and challenge.**  
[kitestherapytas.org.au](http://kitestherapytas.org.au)